

Seasons Of Our Joy A Modern Guide To The Jewish Holidays

Cultivating a Life of Joy Seasons of Our Joy The Prophet Glory Heart Seasons Khahari Discovers the Joy of Family Seasons of Celebration Joy For All Seasons Make Room for Joy The Hebrew Priestess Seasons of Our Joy Sermons during the seasons from Advent to Whitsuntide. Second edition. (Parochial Sermons. Vol. II.) Remembering Joy Jewish Holidays Between Heaven and Mirth Selection, Adapted to the Seasons of the Ecclesiastical Year On the Cusp The Seasons of My Mother Home Readings for All Seasons Happy Dance Times and Seasons Trust + Love = Joy Celebrating Seasons of the Goddess (B/W) First Contact From Grief to Joy Season of Joy Gentle and Lowly Season of Change Standing Again at Sinai The Times and Seasons Joy Surrendering to Joy Joyful Unchosen Selection Adapted to the Seasons of the Ecclesiastical Year from the Parochial & Plain Sermons Seasons of Joy Staff of Law Hope Returns Embracing Greatness The Shakespeare Phrase Book

Cultivating a Life of Joy

Are you ready for more peace, hope, purpose, and JOY? You must become intimately acquainted with your trials and tribulations if you are going to have a say in how you interact with them. Take this remarkable journey through cancer, betrayal, abandonment, and more. Be prepared to challenge your thoughts on adversity and shift your perspective on life's most complicated seasons. God has a plan for YOUR story, and when you get real about suffering, you are free to experience a joy that is impossible to contain and easy to share. Are you ready to increase your joy quotient, experience more peace, and become excited about your purpose? Are you prepared to choose hope, take a leap of faith, and make room for joy? Say, "Yes!" It may not be easy or comfortable, but it will be worth it.

Seasons of Our Joy

Celebrating Seasons of the Goddess restores the original vision of celebrating cultural and natural landmarks from the perspective of Goddess feminist activism. By taking such categories as time, seasons, nature and the female divine as a point of departure, this book brings modern minds out of patriarchal holiday conventions and invites the reader to join the sobering chorus, led by our 35 authors-writers, researchers, poets, artists, ritualists, photographers and activists from around the world. At an individual level, this book presents a wide range of theological expressions in 88 chapters that are self-transcending and metamorphic. Its Goddess Spirituality, which may be called Engaged Goddess Spirituality, is characterized by the impetus to derail the cultural and spiritual paradigm of patriarchal religions. In other words, this book, fueled by the commitment to feminist social change, undertakes the task of undercutting the main nerve of patriarchal advancements that peril the terrestrial community at an ever-magnifying scale. However, Celebrating Seasons of the Goddess does not stop there. Summoning the time/space of the Primordial Mother, HERE/NOW, it re-channels seemingly isolated spiritual practices of the world to the consciousness of WE in S/HE. In short, it is a multi-faceted practical book that accompanies one's process of awakening and commitment to Engaged Goddess Spirituality. This book aims at the following: Discovering and owning Nature's female rhythms Personalizing cosmic time Riding Earth's seasons Countering foreground patriarchal propagandas Politicizing female experiences as salvific Commemorating Goddesses and gynocentric

cultures Befriending non-human members of the terrestrial community Supporting Indigenous struggles Exploring nature-based lifestyles Engaging spirituality with feminist activism Awakening the deep memory of WE Cultivating the primordial consciousness of the Creatrix Section titles are: Section One: Time, Nature and the Goddess Section Two: The Chorus in Poetry, Art and Ritual Section Three: The Wheel of Seasons Section Four: A New Beginning, Winter Solstice Sections One, Three, and Four follow thematic categories, while Section Two is a collection of such genres as poetry, prose, art, and photography, which therefore stands as an autonomous booklet that contains the themes of the other three sections. Readers may opt to read this book perennially (Section One, Two, and Three) and seasonally (Section Four for Winter Solstice).

The Prophet

“Between Heaven and Mirth will make any reader smile. . . . Father Martin reminds us that happiness is the good God’s own goal for us.” —Timothy M. Dolan, Archbishop of New York From The Colbert Report’s “official chaplain” James Martin, SJ, author of the New York Times bestselling *The Jesuit Guide to (Almost) Everything*, comes a revolutionary look at how joy, humor, and laughter can change our lives and save our spirits. A Jesuit priest with a busy media ministry, Martin understands the intersections between spirituality and daily life. In *Between Heaven and Mirth*, he uses scriptural passages, the lives of the saints, the spiritual teachings of other traditions, and his own personal reflections to show us why joy is the inevitable result of faith, because a healthy spirituality and a healthy sense of humor go hand-in-hand with God's great plan for humankind.

Glory

This latest Sweetwater Springs installment features a heartfelt holiday romance between a down-on-his-luck Christmas tree farmer and a woman with plans to bring the merriment back to their town. Includes a bonus story by Melinda Curtis!

Heart Seasons

This work, originally inspired by the liturgical renewal brought on by Vatican II, contains Thomas Merton's meditations on the seasons of the liturgical year. He examines the words, songs, ceremonies, signs, and movements that are designed to open our hearts and minds.

Khahari Discovers the Joy of Family

On the heels of her mother's death, Hope Logan reluctantly returned to her grandparents' home place in search of a journal that revealed explosive crimes and atrocities of the past that had haunted her grandma for nearly sixty-five years. Bitterness, unforgiveness, and anger consumed her as she set out to solve the mystery that surrounded her grandma's life. The dark evil secret that was contained in the journal only deepened her resentment of God. Because of her quest, she came in contact with many strong believers, especially a handsome young pastor and three senior citizens. In that small town in the foothills of the mountains of North Carolina, Hope's bitterness, unforgiveness, and anger slowly began to fade in the light of the strong faith of the young pastor and

three senior citizens. She discovered the true meaning of faith and hope in Christ in the midst of adversity. Carolyn Digh Griffin, a native North Carolinian, resides in Waxhaw, North Carolina, with her husband, Hoyle. She is retired from Union County Public Schools where she was an Administrative Assistant to the Assistant Superintendent. She has two daughters and four grandchildren who also reside in the Old North State.

Seasons of Celebration

Have you ever felt like God was whispering to you? I have! One sunny day in the spring of 2012, I was sitting in my favorite comfy chair, writing in my journal. From out of the blue, I began experiencing a sensation I had never felt before. I felt a calming warmth in my heart and all of a sudden, I started writing down ideas on the blank pages in my notebook, one after the other, that just came to me. I was getting inspiration to tell a story from my personal journals. The first thing I wrote down was its title, "Heart Seasons." It would be a fictional story based on different seasons from my own real life and each season of the novel would be defined by the colors of the rainbow. Come join me on my "Journey of Miracles." Lilly Marie Eastbrook Rhodes A theme that runs throughout "Heart Seasons" is Lily's love of nutritious foods and cooking. After a spontaneous life threatening medical crisis suffered by the author, a new vision for future books was revealed. She has discovered two new life passions, in addition to writing, cooking and baking, and excitingly, they are food photography and blogging. Coming in the future, using a combination of her passions, Dianna Donnely has already begun preparing to create and publish a series of recipe books. Following her love of healthy wholesome foods, and a healthy happy lifestyle, they will be named "Real Food Meals Recipes." Until her first recipe book is published, please visit her website to view step-by-step instructions along with color pictures and recipe cards for printing favorites. Find them at: realfoodmeals.com Now, you are invited to enjoy the spiritual and inspirational, fiction based on real life story that is "Heart Seasons: The Rainbow Revelation."

Joy For All Seasons

Joy's tanka are distinguished by her honest, un euphemized observations of the world and its various denizens, human and otherwise, living and dead, great and small, but mostly small. Small people, small animals, small dreams, small treasures, and most poignant of all, the small pleasures of being alive to the beauty of the ordinary and the preciousness of the common. To some one else, a violet is just a weed creeping among trodden stones, but to Joy, it is a gift; beautiful, thriving under foot even when stepped on, a persistent, determined, gently beautiful form of life.

Make Room for Joy

This is a book about some easy shifts the reader can make to enhance their life and find their joy. It could be described as a personal growth book, however it is more accurate to say that it offers tips on how to shift your perspectives on life and how you are living your life. It also offers some tips on spiritual growth and connection with Spirit, God, the Divine.

The Hebrew Priestess

A feminist critique of Judaism as a patriarchal tradition and an exploration of the increasing involvement of women in naming and shaping Jewish tradition.

Seasons of Our Joy

Explains the origins, history, and significance of the Jewish holidays and describes new and traditional ways of celebrating them

Sermons during the seasons from Advent to Whitsuntide. Second edition. (Parochial Sermons. Vol. II.).

Twenty ships have left the gravitational field of the Earth with the intention of colonizing Mars. Each is independent of the other and set to become domed cities upon landing. The mission is simple: go forth to develop the new planet, make it an extension of our home. Well, it sounded simple. No one expected life on Mars to be easy, they are pioneers and that is a type of life that comes with dangers. What they didn't expect was for the settings of one of the ships to be off enough to miss their landing, to miss the very planet they were meant to settle. Even more astounding was to find another planet within a three-week travel period that lies in the shadow of the red planet. It is where they will land, where their ship will unfold to become a domed city. Where life is dangerous in a hostile land and they find unexpected help. The indigenous winged people of the planet don't live on the surface of the planet, they live in cities in the clouds, but they are willing to extend a welcoming hand to those who have come to their land, as well as teach them what they can to survive. Their relationship begins with three words. "Welcome to Tantalus."

Remembering Joy

It has been barely 40 years since rabbinical seminaries began ordaining women as rabbis. But women have played a role in Jewish religious leadership from the days of the Bible and even before. Miriam the Prophetess and Deborah the Judge are just the two most prominent of these women, most of whose names are lost to history. The Hebrew Priestess tells the stories of these women, often reading between the lines of the Bible and Talmud to rediscover the women that rabbinic editors tried to erase. The authors bring a unique vantage point: They are founders of the Kohenet Institute, which trains Jewish women as religious leaders - as Hebrew priestesses. They believe the spiritual gifts of Jewish women cannot be incorporated into Judaism unless women explore the Divine through their own lens. The Kohenet Institute offers an embodied, ecstatic earth-based approach to Jewish spiritual practice and leadership. The Hebrew Priestess weaves together a careful examination of historical antecedents of these new priestesses, along with the personal experiences of women who embarked on this new path of Jewish priestesshood. The Hebrew Priestess delineates 13 models of spiritual leadership - among them prophetess, weaver, drummer, shrinekeeper, midwife, mother, maiden, witch, and fool - and shows how each model was manifest in ancient times, its continuation through Jewish history, and how women in our day are following that path. Finally, it shows how you can incorporate part of that path into your own life. Ambitious, erudite, practical, and deeply personal, the Hebrew Priestess offers a deep connection to Jewish history and to profound holy experiences today. "A very readable and much-needed book" -Starhawk "An extraordinary and amazing work." -Alicia Ostriker "A book to savor." -Max Dashu "The articulation of my dreams and longings." -Rabbi Shefa Gold "Read this book, but don't stop there-live it as well" -Rabbi Rami Shapiro"

Jewish Holidays

Grins & Giggles, Tears & Triumphs, Hope & Healing for the seasons of a woman's soul Join two crazy, wacky best friends for a LOL journey through the seasons of a woman's life. What do bunny slopes, spanx, and menopause all have in common? These are just a few words to describe the crazy adventures that will have you chuckling. Before long you will be feeling much better about yourself after reading about all the trouble that these co-authors get themselves into. Not only will your mood be lighter but you will soon find yourself saying, "AWE I get it, and I just saw a little glimpse of God at work in my daily life." Beware, even though this is a book for women you will find yourself reading aloud so that the man in your life can better understand your plight. He may never understand the feminine mind, but he will certainly have a good chuckle while listening. Each year is filled with winter, spring, summer, and fall. These seasons spill over into our spiritual, emotional, and physical seasons as well. For each and every one of us there is a time to plant, to weep, to laugh, to mourn, and to get up and dance again. Not one of us is going to live on planet earth forever and that awareness brings us fear that comes to steal our faith and rob us of our joy. There is only one match for fear faith. We need to know that in every season of our lives, God is still good. Perhaps today you find yourself in a place of sadness, sorrow, and suffering. This book is our gift to you because we all need to be reminded that we are never alone. God wants us to know how much He loves us. Many people spend their days in fear worrying about when and how they will die, but the real question for us today is, "What will we do with the seasons of life we have been given?" This book is about defeating fear through faith, hope, and love. We dare not wait for a sunny day, a perfect day, or a day that we feel good enough. All of our tomorrows are based on the decisions we make today. If we are to be "fabulous through the seasons" we must take our Heavenly Father's hand, put our feet on His feet and simply learn to follow His leading. Let's celebrate It's time to learn to Happy Dance! "There is a time for everything, and a season for every activity under heaven a time to be born and a time to die a time to weep and a time to laugh a time to mourn and a time to DANCE!" (Ecclesiastes 3: 1-4)

Between Heaven and Mirth

Circling the Jewish calendar from Rosh Hashanah to Tisha B'Av, this lively, accessible guide includes rituals, recipes, songs, prayers, and suggestions for new approaches to holiday observance. "A wonderful blend of information and innovation that will help readers find both traditional and new meaning in the Jewish holidays." —Judith Plaskow, author of *Standing Again at Sinai*

Selection, Adapted to the Seasons of the Ecclesiastical Year

God's Word tells us of all that is ours through his Son. Our security is guaranteed, our provision is sure. In the face of such abundant life, why is our joy so often stolen from us? Undoubtedly we pass through seasons of difficulty, sorrow, and uncertainty. But real joy isn't conditional on circumstances, is it? How are we to pursue joy in seasons of both plenty and need? This newest addition to a series of small devotional books for women teaches that we will only find perpetual joy when we pursue Christ. Brownback helps women understand that their joy is not circumstantial, but built on the promises of God and the work of Jesus. Forty-two short devotionals look to Scripture for words of encouragement, correction, wisdom, and guidance to help women adorn themselves with joy.

On the Cusp

Lizzie O'Malley is back with a purpose in life. Still flighty and unpredictable, she knows that loving and losing Teagan Gallagher has changed her life forever. As she navigates her new life in Boston as a full time working mother, she promises herself she will never fall in love again. But can she keep that promise after meeting Nick Sawyer, the gorgeous Texan who has fallen for her? Follow Lizzie to Ireland where she struggles with tragedy and rediscovers herself all over again.

The Seasons of My Mother

“I have read no book that more carefully, thoroughly, and tenderly displays Christ’s heart.” —Paul David Tripp, President, Paul Tripp Ministries; author, *New Morning Mercies* and *My Heart Cries Out* Christians know what Jesus Christ has done—but who is he? What is his deepest heart for his people, weary and faltering on their journey toward heaven? Jesus said he is “gentle and lowly in heart.” This book reflects on these words, opening up a neglected yet central truth about who he is for sinners and sufferers today.

Home Readings for All Seasons

Happy Dance

Norm and Lynn are having problems. Big problems. Rather than hide from the issues, they go on a marriage retreat together while Stephanie goes to cheerleading camp and Diana stays with her father. But when everyone returns, things seem worse than ever. So bad, in fact, it looks like Stephanie and Diana may not have to put up with each other anymore, which is what they wanted all along. This final book in the *Sisters in all Seasons* series brings the story of Stephanie and Diana to a close, and shows what happens when two opposites become friends, and maybe sisters.

Times and Seasons

Trust + Love = Joy

Celebrating Seasons of the Goddess (B/W)

Imagine reading a book that is so much more than written words on a page but, instead, it is an invitation to experience exuberant joy! Simply imagine the sweet hope that comes from reading about the patience, the gladness and the excitement that is nestled within one woman's heart. Imagine! You have just imagined the devotional book entitled, "Joy for All Seasons" written by best-selling author, blogger, speaker, radio host, TV host and Bible teacher, Carol McLeod. Carol's perspective on life serves as an invitation to live life with gusto and at full-throttle! Her capacity for joy and her resolve to trumpet the bidding to embrace joy in every week of the year is not for the faint of heart. This weekly summons into His presence is filled with rich experiences, with heart-felt celebration and with an intimate knowledge of what it takes to walk with God. "Joy for All Seasons" is a weekly devotional that includes Bible verses to consider and questions to ponder. It is perfect for a personal devotional handbook or for group discussion. This is a "once-in-a-lifetime" book that will be read and re-read year after year after year.

First Contact

From Grief to Joy

Talsy and Chanter return to the peaceful vale, where she gives birth to his son - a creature of the chaos. Travain has stunted Mular powers and a Trueman personality, making him dangerous and unpredictable, and he is also angry at his father's apparent neglect. Mular, however, do not care for their children, who are born fully formed and independent. Travain grows quickly, and is everything Chanter warned Talsy he might be. Chanter finds the last piece of the broken Staff of Law and makes it whole, but the laws are lost. His first son is born on the eastern continent they left behind so long ago, but he is blinded by strange golden lights in his mind. He names himself Law, and finds shelter in a hive of semi-ants. The next generation are manants, and attack him, forcing Law to flee into the chaos. In his search for shelter, he travels to the western continent, where Truemen capture him. The wind informs Chanter of his plight, and Talsy insists that they save him. That means venturing into the chaos once more, and now it is far worse than it was before.

Season of Joy

A prophet has is about to board a ship home after 12 years in exile, when he is stopped by a group of people. His teachings to them, discussing love, marriage, crime, freedom and law among many other aspects of everyday life, form the 26 poetic essays of Gibran's work. The work has been a bestseller since its first publication.

Gentle and Lowly

Donna's story is an elegant illustration of how to recognize that, despite how it may seem, the world around you is not coming apart; it is just the turbulence that is necessary to project you into the next level of life. Do not be afraid of what this life brings you. Use it, and know that in the realm of uncertainty, your destiny is found. Donna walks this path. She has experienced it first hand, and her message is a powerful communication inspired by practice. Upon

finishing this book, you will know more than you imagined possible about the power of life, faith, love and compassion. – From the Foreword by Dr. David Morehouse, Founder of Remote Viewing Technologies, and author of "Psychic Warrior"

Season of Change

Arranged By: Gabriel, Charles H.

Standing Again at Sinai

The Times and Seasons

Joy

On an August night in San Francisco, a 22-year-old named Teal collapsed from a sudden, unexplainable cardiac arrest. Six days later she died, but not before a spiritual unfolding began that changed the life of her mother forever. These essays - each one a personal touch into the divine - chart her mother's path as she confronts painful events she'd been holding onto, and opens herself up to more joy than she ever thought possible. A truly inspiring book for anyone who is grief-stricken, facing major shifts in life, or simply looking for more peace and happiness.

Surrendering to Joy

In this lyrical and deeply moving memoir, one of America's most revered actresses weaves stories of her adventures and travels with her mother, while reflecting on the beautiful spirit that persists even in the face of her mother's struggle with Alzheimer's disease. Marcia Gay Harden knew at a young age that her life would be anything but ordinary. One of five lively children born to two Texas natives—Beverly, a proper Dallas lady, and Thad, a young naval officer—she always had a knack for storytelling, role-playing, and adventure. As a military family, the Hardens moved often, and their travels eventually took them to Yokohama, off the coast of Japan, during the Vietnam War era. It was here that Beverly, amid the many challenges of raising her family abroad, found her own self-expression in ikebana, the ancient Japanese art of flower arranging. Using the philosophy of ikebana as her starting point, Marcia Gay Harden intertwines the seasons of her mother's life with her own journey from precocious young girl to budding artist in New York City to Academy Award-winning actress. With a razor-sharp wit, as well as the kind of emotional honesty that has made her performances resonate with audiences worldwide, Marcia captures the joys and losses of life even as her precious mother gracefully strives to maintain her identity while coming to grips with Alzheimer's disease. Powerful and incredibly stirring, *The Seasons of My Mother* illustrates the unforgettable vulnerability and beauty of motherhood, as Marcia does what Beverly can no longer do: she remembers.

Joyful

Next Big Idea Club selection -- chosen by Malcolm Gladwell, Susan Cain, Dan Pink, and Adam Grant as one of the "two most groundbreaking new nonfiction reads of the season!" Inc's "10 Most Inspiring Books of 2018"Real Simple's "Best Books of 2018"Elle's "29 Best Books of 2018" TechCrunch's "Favorite Things of 2018" "This book has the power to change everything! Writing with depth, wit, and insight, Ingrid Fetell Lee shares all you need to know in order to create external environments that give rise to inner joy."--Susan Cain, author of Quiet and founder of Quiet Revolution Designer and TED star Ingrid Fetell Lee presents groundbreaking research to explain how making small changes to your surroundings can create extraordinary happiness in your life. Have you ever wondered why we stop to watch the orange glow that arrives before sunset, or why we flock to see cherry blossoms bloom in spring? Is there a reason that people -- regardless of gender, age, culture, or ethnicity -- are mesmerized by baby animals, and can't help but smile when they see a burst of confetti or a cluster of colorful balloons. We are often made to feel that the physical world has little or no impact on our inner joy. Increasingly, experts urge us to find balance and calm by looking inward -- through mindfulness or meditation -- and muting the outside world. But what if the natural vibrancy of our surroundings is actually our most renewable and easily accessible source of joy? In Joyful, designer Ingrid Fetell Lee explores how the seemingly mundane spaces and objects we interact with every day have surprising and powerful effects on our mood. Drawing on insights from neuroscience and psychology, she explains why one setting makes us feel anxious or competitive, while another fosters acceptance and delight -- and, most importantly, she reveals how we can harness the power of our surroundings to live fuller, healthier, and truly joyful lives.

Unchosen

Children will be delighted as they explore the life of Khahari, a young boy who learns helpful life-lessons while having fun with his family. Nave, Khahari's father, is an anxious new dad, who wants the best for his son. Unfortunately, Nave is constantly bothered by the worrisome Mr. Fearful, who casts doubt, fear, and second-guessing on just about everything Khahari or anyone else does. Throughout the story, Nave challenges Mr. Fearful, so Khahari can experience the joy of family.

Selection Adapted to the Seasons of the Ecclesiastical Year from the Parochial & Plain Sermons

Embracing Greatness: A Guide for Living the Life You Love takes the lid off previously held beliefs you have about yourself and the world around you. In this book, you'll learn how to shine a conscious light of inquiry and understanding on those beliefs. The process revealed in Embracing Greatness helps you uncover the special contributions you're meant to make in the world and action steps toward them. Get ready to transform your life - your relationships; your physical, emotional, and spiritual health; your financial freedom; your joy in life; your business and creative expression; and the ability to do what you want, when you want, where you want, and with whom you want. Find out more at www.EmbracingGreatness.com. Even before its publication, here's what people who received advance copies said about Embracing Greatness: A Guide for Living the Life You Love. "Sophia Falke has nailed it! In her own inimitable way Sophia helps you discover the beauty and purpose in your uniqueness Please read this book!" Mike Rayburn, CSP, CPAE, Hall of Fame Keynote Artist. "If you're ready to live the life you would love, You will forever thank yourself for reading and applying this wonderful book." Mary

Morrissey, International Speaker, Best-Selling Author, CEO Consultant. "Embracing Greatness is for anyone who wants to discover and cast aside long-held barriers to personal success." Kathleen Quinlan, MSW, LCSW, Author/Producer of The Land of Love. "As a business owner who left corporate life to start my own business, I was inspired by Sophia's message" Deborah Armstrong, Small Business Owner. "Embracing Greatness is like taking a walk on a warm spring day with a much respected mentor while getting the pep-talk of a lifetime. Filled with inspiration, doable exercises, and heartwarming stories of real people making tremendous positive changes, this personal-growth handbook is a true gem!" Cate Montana, MA, Author of The E Word: Ego, Enlightenment & Other Essentials.

Seasons of Joy

The coeditor of the enormously popular Jewish Catalog "help[s] readers understand more fully the meaning of our holidays and thereby to observe these festivals . . . with a greater devotion and joy."--Rabbi Alexander M. Schindler

Staff of Law

One mistake can shatter dreams and shape the future. Alexis knows this first hand. Even though her memory of that day is hazy, she has spent the last ten years trying to put it behind her. Armed with the knowledge that her career will be her only legacy, Alexis works night and day to prove that she is more than just her last name. It's not only that she doesn't have time for love. She doesn't have the heart for it. After all, there's no point in starting something you can't finish. When she meets Adam, she's drawn to him in a way even she can't deny. The film student is dark and brooding and strangely charming. He's the perfect distraction from her mundane life. And, as if fate is pushing them together, he seems to be around every corner. It's enough to almost make her entirely forget about her past and take a chance. But Adam can recall every detail that she's forgotten. What she doesn't remember, he can't forget.

Hope Returns

Embracing Greatness

The Shakespeare Phrase Book

Do you feel depleted of joy? So many of us feel defeated. Depleted. Discouraged. Stuck in a life marked by joyless-ness rather than joyfulness. Does this sound familiar? We all desire to live a life marked by joy, but the circumstances of life can trip us up and get us off course at times. Cultivating a Life of Joy will guide you through 8 simple principles for cultivating a life of joy. Why choose joy? Because by choosing joy, we point to God's power in our lives. By choosing joy, we choose to glorify God. By choosing joy, we shine a light in this dark world. By choosing joy, we proclaim the overwhelming victory

we have in Christ. THAT is why choosing joy is worth it. So let me give you 8 simple ways to cultivate joy in your life.

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